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**CLAIMS:**

1. A method for the treatment or prophylaxis of one or more symptoms of a herpes viral infection in a subject, said method comprising administration to said subject of a composition comprising a citrate salt and/or a succinate salt for a time and under conditions sufficient to treat or prevent the development of one or more symptoms of a herpes viral infection.
2. The method according to claim 1 wherein said composition comprises a citrate salt and a succinate salt.
3. The method according to claim 1 or 2 wherein said composition further comprises an amino acid selected from valine, aspartic acid, leucine, isoleucine, alanine, lysine, taurine and asparagine.
4. The method according to any one of claims 1 to 3 wherein said herpes viral infection is caused by herpes simplex or herpes zoster.
5. The method according to claim 4 wherein said herpes viral infection is herpes simplex.
6. The method according to any one of claims 1 to 5 wherein said symptom is a blister or lesion.
7. The method according to any one of claims 1 to 6 wherein said symptom is a cold sore or a genital sore.
8. The method according to any one of claims 1 to 7 wherein said subject is a human subject.
9. The method according to any one of claims 1 to 8 wherein said citrate salt

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is sodium citrate, potassium citrate or magnesium citrate.

10. The method according to any one of claims 1 to 9 wherein said succinate salt is sodium succinate, potassium succinate, calcium succinate or magnesium succinate.
11. The method according to any one of claims 1 to 10 wherein said succinate salt is calcium succinate.
12. A composition for use in the treatment or prophylaxis of one or more symptoms of a herpes viral infection in a subject, said composition comprising a citrate salt and/or a succinate salt.
13. The composition according to claim 12 wherein said composition comprises a citrate salt and a succinate salt.
14. The composition according to claim 12 or 13 wherein said composition further comprises an amino acid selected from valine, aspartic acid, leucine, isoleucine, alanine, lysine, taurine and asparagine.
15. The composition according to any one of claims 12 to 14 wherein said herpes viral infection is caused by herpes simplex or herpes zoster.
16. The composition according to claim 15 wherein said herpes viral infection is herpes simplex.
17. The composition according to any one of claims 12 to 17 wherein said symptom is a blister or lesion.
18. The composition according to any one of claims 12 to 17 wherein said symptom is a cold sore or a genital sore.

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19. The composition according to any one of claims 12 to 18 wherein said subject is a human subject.
20. The composition according to any one of claims 12 to 19 wherein said citrate salt is sodium citrate, potassium citrate or magnesium citrate.
21. The composition according to any one of claims 12 to 20 wherein said succinate salt is sodium succinate, potassium succinate, calcium succinate or magnesium succinate.
22. The composition according to any one of claims 12 to 21 wherein said succinate salt is calcium succinate.
23. A use of a composition comprising a citrate salt and/or a succinate salt in the manufacture of a medicament for the treatment or prophylaxis of one or more symptoms of a herpes viral infection in a subject.
24. The composition according to claim 23 wherein said composition comprises a citrate salt and a succinate salt.
25. The composition according to claim 23 or 24 wherein said composition further comprises an amino acid selected from valine, aspartic acid, leucine, isoleucine, alanine, lysine, taurine and asparagine.
26. The composition according to any one of claims 23 to 25 wherein said herpes viral infection is caused by herpes simplex or herpes zoster.
27. The composition according to claim 26 wherein said herpes viral infection is herpes simplex.

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28. The composition according to any one of claims 23 to 27 wherein said symptom is a blister or lesion.
29. The composition according to any one of claims 23 to 28 wherein said symptom is a cold sore or a genital sore.
30. The composition according to any one of claims 23 to 29 wherein said subject is a human subject.
31. The composition according to any one of claims 23 to 30 wherein said citrate salt is sodium citrate, potassium citrate or magnesium citrate.
32. The composition according to any one of claims 23 to 31 wherein said succinate salt is sodium succinate, potassium succinate, calcium succinate or magnesium succinate.
33. The composition according to any one of claims 23 to 32 wherein said succinate salt is calcium succinate.
34. Use of a composition comprising a citrate salt and/or a succinate salt in the treatment and/or prophylaxis of one or more symptoms of the herpes viral infection in a subject.
35. The use according to claim 34 wherein said composition comprises a citrate salt and a succinate salt.
36. The use according to claim 34 or 35 wherein said composition further comprises an amino acid selected from valine, aspartic acid, leucine, isoleucine, alanine, lysine, taurine and asparagine.
37. The use according to any one of claims 34 to 35 wherein said herpes viral

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infection is caused by herpes simplex or herpes zoster.

38. The use according to claim 37 wherein said herpes viral infection is herpes simplex.

39. The use according to any one of claims 34 to 37 wherein said symptom is a blister or lesion.

40. The use according to any one of claims 34 to 38 wherein said symptom is a cold sore or a genital sore.

41. The use according to any one of claims 34 to 40 wherein said subject is a human subject.

42. The use according to any one of claims 34 to 41 wherein said citrate salt is sodium citrate, potassium citrate or magnesium citrate.

43. The use according to any one of claims 34 to 42 wherein said succinate salt is sodium succinate, potassium succinate, calcium succinate or magnesium succinate.

44. The use according to any one of claims 34 to 44 wherein said succinate salt is calcium succinate.